



**February 2024**

Prayer Super Bowl IIHA Ground Hog Day 2nd Valentine's Day 14th God's love President's Day 19th Love

\*\*Food Distributions Community Meals Help Hope Leap Year Volunteering Outreach

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>**Food Distributions Community Meals</p>	<p>2</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p>	<p>3</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p>	<p>4</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p>	<p>5</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p>	<p>6</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Fridley Covenant Church 4:00-6:00 PM Drive Thru Fridley</p>	<p>7</p> <p>Lutheran Church of the Master 5:00-6:30 PM <b>Dine in or Take Out</b> Brooklyn Center Peace Lutheran Church 5:00-6:00 PM Coon Rapids Mt. Olive Lutheran Church 5:30-6:15 PM Anoka St. Philip's Lutheran Church 5:15-6:00 PM (meal) Door 1 <b>Only curbside pick-up</b> **Wed. 5:00-6:30 PM #3♥ Fridley Forest Hill United Methodist Church 5:30-6:15 PM Forest Lake</p>
<p>8</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p>	<p>9</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p>	<p>10</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Way of the Lord Church 2:30-5:30 PM Blaine</p> <p>St. Timothy Lutheran Church 5:00-6:30 PM <b>Drive Thru</b> Columbia Heights</p> <p>**Manna Market @ Fridley Covenant Church 4:00-6:00 PM <b>Drive Thru</b> Fridley</p>	<p>11</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p> <p>**Spirit of Matthew 25 Distribution 12:00 2:00 PM <b>Drive Thru</b> Coon Rapids United Methodist Church Coon Rapids Servant of Christ Lutheran Church (No Meal Today)</p>	<p>12</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p>	<p>13</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p> <p>St. Stephen's Catholic Church 5:45-6:30 PM Anoka</p>	<p>14</p> <p><b>Fish Wednesday</b> Lutheran Church of the Master 5:00-6:30 PM <b>Dine in or Take Out</b> Brooklyn Center Peace Lutheran Church 5:00-6:00 PM Coon Rapids Mt. Olive Lutheran Church 5:30-6:15 PM Anoka St. Philip's Lutheran Church 5:15-6:00 PM (meal) Door 1 <b>Only curbside pick-up</b> **Wed. 5:00-6:30 PM #3♥ Fridley Forest Hill United Methodist Church 5:30-6:15 PM Forest Lake <b>Valentine's Day</b></p>
<p>15</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p>	<p>16</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Spring Lake Park</p> <p>Redeemer Lutheran Church 5:45-6:30 PM Fridley</p> <p><b>PRESIDENTS DAY</b></p>	<p>17</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Fridley</p>	<p>18</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p> <p>Grace Lutheran Church 12:30 PM -1:30 PM <b>Drive Thru or Dine In</b> Andover</p>	<p>19</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Spring Lake Park</p>	<p>20</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p>	<p>21</p> <p>Lutheran Church of the Master 5:00-6:30 PM <b>Dine in or Take Out</b> Brooklyn Center Peace Lutheran Church 5:00-6:00 PM Coon Rapids Mt. Olive Lutheran Church 5:30-6:15 PM Anoka St. Philip's Lutheran Church 5:15-6:00 PM (meal) Door 1 <b>Only curbside pick-up</b> **Wed. 5:00-6:30 PM #3♥ Fridley Forest Hill United Methodist Church 5:30-6:15 PM Forest Lake</p>
<p>22</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p>	<p>23</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Spring Lake Park</p>	<p>24</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Fridley</p>	<p>25</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p>	<p>26</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Spring Lake Park</p>	<p>27</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Way of the Lord Church 2:30-5:30 PM Blaine</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Fridley</p>	<p>28</p> <p>Lutheran Church of the Master 5:00-6:30 PM <b>Dine in or Take Out</b> Brooklyn Center Peace Lutheran Church 5:00-6:00 PM Coon Rapids Mt. Olive Lutheran Church 5:30-6:15 PM Anoka St. Philip's Lutheran Church 5:15-6:00 PM (meal) Door 1 <b>Only curbside pick-up</b> **Wed. 5:00-6:30 PM #3♥ Fridley Forest Hill United Methodist Church 5:30-6:15 PM Forest Lake</p>
<p>29</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p>	<p>30</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Spring Lake Park</p>	<p>31</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p>	<p>1</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p>	<p>2</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM <b>Drive Thru</b> Spring Lake Park</p>	<p>3</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p>	<p>4</p> <p>First Lutheran Church Community Lunch 11:00 AM-12:00 PM Indoor or Take Out Columbia Heights</p>

**Community Outreach Ministry**

During these times, we are grateful for those ministries that are helping with assistance. Community meals are open to everyone. Some Food Distributions may have restrictions. Please observe your residence boundary areas. Bring ID. Volunteers are always welcome. Contact any churches for opportunities. Monetary donations \$\$ welcomed at any site. (To defray expenses) Do not arrive too early. Thanks for being Patient!

♥ Blood Pressure taken by retired nurses from St. Philip's Church